

The Dance Days of Summer 2026

The Guelph Academy of Dance

Ages 5-7 Years

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:15	Drop Off	Drop Off	Drop Off	Drop Off	Drop Off
9:15 - 10:00	Welcome Meet and Greet Games	Ballet	Jazz	Hip Hop	Group Choreography
10:00 - 10:30	Hip Hop	Singing and Story Time	Yoga and Mindfulness	Arts and Crafts	Dance Showcase Rehearsal
10:30 - 10:45	Snack	Snack	Snack	Snack	Snack
10:30 - 11:15	Arts and Crafts	Jazz	Hip Hop and Ballet	Musical Theatre	Dance Showcase
11:15 - 12:00	Musical Theatre	Arts and Crafts	Musical Theatre	Ballet	showcase for the two other age groups
12:00 - 1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 - 1:45	Jazz	Yoga and Mindfulness	SUPER FUN DAY (outdoor games, crafts, freezies)	Singing and Story Time	Arts, Crafts and Games
1:45 - 2:30	Singing and Story Time	Musical Theatre	SUPER FUN DAY (outdoor games, crafts, freezies)	Jazz	Arts, Crafts and Games
2:30 - 2:45	Snack	Snack	Snack	Snack	Snack
2:45 - 3:30	Ballet	Hip Hop	SUPER FUN DAY (outdoor games, crafts, freezies)	Yoga and Mindfulness	Movie (2:30 - 4:00)
3:30 - 4:00	Clean Up and Camp Games	Clean Up and Camp Games	SUPER FUN DAY (outdoor games, crafts, freezies)	Clean Up and Camp Games	Movie (2:30 - 4:00)
4:00 - 4:15	Pick Up	Pick Up	Pick Up	Pick Up	Pick Up